



# Get happy

## **Aetna Dental® discounts**

Discounts for a clean, healthy smile

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# Our dental plans come with extras

When you enroll in any of our dental benefits and insurance plans, you get:

- Online resources for managing your coverage
- Access to savings on daily dental care products, vision and hearing care, fitness, weight loss and more

# Manage your benefits, connect to care, handle claims — from anywhere

The Aetna Health<sup>SM</sup> app and your Aetna<sup>®</sup> member website are personalized, seamless and easy to use. Once you're a member, here's how you can connect:



Get the Aetna Health app by texting “GETAPP” to **90156** for a link to download the app and create an account. Message and data rates may apply.\*



Go to **Aetna.com** to create an account and log in to your member website.

## More ways to connect



### Use our provider search tool

Dentists in our network offer special rates for covered services. So your share of the cost is usually lower. Use our provider search tool on **Aetna.com** to look for network dentists.



### You have our number — just call us

You can speak to Member Services anytime during regular business hours. Our representatives are here to help answer any questions you have about your plan. Just call the toll-free number on your ID card.

### Speak another language?

Our customer service reps are ready. They have access to interpreters who can talk to you in over 200 languages.

\*Terms and conditions: [Bit.ly/2nIJFYG](https://bit.ly/2nIJFYG). Privacy policy: [Aetna.com/legal-notices/privacy.html](https://Aetna.com/legal-notices/privacy.html). By texting **90156**, you consent to receive a one-time marketing automated text message from Aetna with a link to download the Aetna Health app. Consent is not required to download the app. You can also download it from the App Store<sup>®</sup> or the Google Play<sup>™</sup> store.

# Get the most out of your dental plan



## Savings on at-home products

Save on blood pressure monitors, pedometers and activity trackers; electrotherapy transcutaneous electrical nerve stimulation (TENS) units (devices for pain relief); and many other Omron® products.



## Savings on healthy lifestyle choices

Save on gym memberships, health coaching, fitness gear and nutrition products that support a healthy lifestyle.

You also save on:

- Wearable fitness devices
- Yoga, meditation and wellness programs
- Group fitness on demand



## Savings on weight management

Save on some of today's popular weight-loss programs and meal plans. Enjoy one-on-one help, personalized menus, online tools, chat rooms and more.

**Our members get deals on products and services for healthy living.** To use these discounts, once you're a member, visit your member website at **Aetna.com** to create an account and log in.



## Savings on natural products and services

Get discounts on acupuncture, chiropractic visits, therapeutic massage and nutrition services through the ChooseHealthy® program.\*\* You can also save on a wide range of popular health and fitness products, such as wearable fitness devices, fitness kits and more.



## Savings on eyewear and exams

Taking care of your eyes costs less with our vision discounts. Choose from popular designer frames,\*\* and get discounts on vision items that don't need a prescription.

You can visit national chains like Pearle Vision®, LensCrafters®, Target Optical® and participating Sears® Optical locations. Or any of the thousands of eye doctors in private practices. Use our provider search tool on **Aetna.com** to find a vision provider near you.



## Savings options on hearing aids and exams

Pay less for hearing aids, hearing aid batteries mailed to your home, exams and more. Choose from leading manufacturers. You also get free follow-up service for one year.

\*\*The ChooseHealthy program is provided by ChooseHealthy, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.

\*\*\*Certain brands impose a no-discount policy.



## Savings on oral health care

We provide discounts on oral health care products so you can keep your mouth as healthy as possible. You can save on Z Sonic™ toothbrushes, replacement brush heads and various oral health care kits.

### **Aetna Dental® teams up with Colgate to give discounts to members**

#### **It's time to brush smarter**

The Colgate® Smart Electric Toothbrush - E1 features sonic vibrating technology for a healthy clean you can feel. Together with the Colgate Connect App you can accurately track your brushing behavior. The brush and app can help spot missed areas so you can learn how to brush your best.

Members will get a discount off the retail price of the kit. The kit comes with:

- Colgate® Smart Electric Toothbrush - E1
- Charger base
- Extra refill head

#### **Teeth-whitening discounts**

Want a pearly-white smile? Members now get special discounts on the Colgate® Optic White Advanced LED Whitening Kit (LED Teeth Whitening Device & 10-Day Treatment).

Members will get a discount off the retail price of the whitening kit. The kit includes:

- 1 teeth-whitening device
- Charging case
- 10-day supply of teeth-whitening serums

## What you need to know

### **Discounts are a great way to save money. But they're not insurance.**

Instead, with a discount, you get access to a vendor that has agreed to give Aetna Dental plan members discounted prices on products and services. You pay the discounted price directly to the vendor.

Because discounts aren't insurance, you don't have to worry about claims or referrals. And there are no limits on how often you can use them.

**Medical research continues to show a connection between heart disease and gum disease.<sup>1</sup>** Researchers have also found a higher incidence and severity of gum disease among patients with diabetes. That's why seeing your dentist regularly might be one of the best defenses against illness. Not just for good oral health, but also for your overall health.<sup>1</sup>

<sup>1</sup>Miller K. Periodontal disease and heart health. WebMD. December 15, 2015. Available at:

[WebMD.com/heart-disease/features/periodontal-disease-heart-health#1](https://www.webmd.com/heart-disease/features/periodontal-disease-heart-health#1). Accessed February 27, 2019.

## Enjoy all the extras.

Enroll in any Aetna Dental benefits and insurance plan.

This material contains only a partial, general description and does not constitute a contract. Dental benefits and dental insurance plans contain exclusions and limitations. Discount offers are available to people who have health benefits and insurance plans that are issued, administered or serviced by Aetna or our affiliates.

**DISCOUNT OFFERS ARE NOT INSURANCE.** They are not benefits under your health plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Aetna makes no payment to the third parties — you are responsible for the full cost. Check any health plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts. Vendors and providers are not agents of Aetna and are solely responsible for the products and services they provide. Discount offers are not guaranteed and may be ended at any time. Aetna may get a fee when you buy these discounted products and services. Hearing products and services are provided by Hearing Care Solutions and Amplifon Hearing Health Care. Vision care providers are contracted through EyeMed Vision Care. LASIK surgery discounts are offered by the U.S. Laser Network and QualSight. Natural products and services are offered through ChooseHealthy, a program provided by ChooseHealthy, Inc., which is a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a registered trademark of ASH and is used with permission. Trademarks are the property of their respective owners.

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**Policy forms issued in Oklahoma include:** AL HCOC-Dental PPO 04, AL HCOC-Dental CD 04.

**Policy forms issued in Missouri include:** AL HGrpPol-Dental 01, DM HGrpAg-Dental 02.

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