



## In This Week's Issue:

- ❖ Plan and Prepare for Disaster
- ❖ Take Advantage of WW (Weight Watchers) Discount & Get a FREE Gift
- ❖ Community Highlight: Last Days of Summer



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- **Sunday, September 11:** Final day to register for the first-ever ThriveOn Meal Kit Cooking Experience. [Learn more and sign up here.](#)
- **Wednesday, September 21:** Final day to register for the Creating Connection Challenge. [Register now.](#)
- **Sunday, October 9:** Final day to register for the Franklin County 5K & ThriveOn Challenge (taking place on Sunday, October 9). [Learn more and sign up here.](#)
- **Friday, October 14:** Deadline to submit a Gym Membership Reimbursement for Q3 (July 1-September 30). [Learn more here.](#)
- **Friday, November 11:** Veterans' Day observed.
- **Saturday, December 31:** Deadline to complete Biometric Screening and Well-Being Activities to earn your Wellness Your Way incentives. [Get started here.](#)



## Plan and Prepare for Disaster

Are you prepared to protect your family, your property, and the life you've built if faced with a disaster? September is National Preparedness Month and an ideal time to put an emergency plan in place.

Franklin County Emergency Management & Homeland Security (FCEM&HS) offers the following tools to help you be better prepared:

- **Citizen Preparedness Program:** Build a disaster supply kit for you, your family, and your pets for at least 3 days. [Get started here.](#)
- **ALERT Franklin County:** Receive text alerts for severe weather, local disasters, and hazardous situations. [Sign up here](#) or text FCReady to 888777.
- **Preparedness for Children:** Parents are also encouraged to include the entire family in the planning conversations. You can [learn more here](#) or [find helpful online games here](#) for young children.



## Take Advantage of WW (Weight Watchers) Discount & Get a FREE Gift!

If you are looking for a little extra help reaching your wellness goals – whether its losing weight, eating healthier, or making smarter choices – WW (formerly Weight Watchers) may be a good option for you.

Through October 31, ThriveOn and WW are excited to offer:

- **50% Off the retail price of select plans** (starting as low as \$8.48 per month!)
- **An exclusive FREE WW Mystery Box** with gear to kick-start your journey.

This special offer is available exclusively for benefits-eligible employees and their spouses/domestic partners. [Learn more and sign up here.](#)

## Community Highlight: Last Days of Summer

There are less than 2 weeks left before the official first day of autumn. If you're not quite ready to let go of summer, here are a few local options to soak in some sun this weekend (while making meaningful social connections!):

**Columbus Oktoberfest @ Ohio Expo Center & State Fair** | Friday – Sunday | FREE | [Learn more](#)

**Franklinton Fridays @ Franklinton Arts District** | Friday 6p – 10p | FREE | [Learn more](#)

**Moonlight Market @ Capital Crossroads Special Improvement District** | Saturday 5p – 10:30p | FREE | [Learn more](#)

**Full Harvest Moon Hike @ Battelle Darby Creek Cedar Ridge** | Saturday 7:30p – 9p | FREE | [Learn more](#)

**Franklin County Community Days @ Columbus Zoo and Aquarium** | Sunday – Monday 9a – 5p | 50% Off admission for Franklin County Residents | [Learn more](#)