

# Real Appeal<sup>®</sup>

# 10 lbs+ lost

4 out of 5 at-risk Real Appeal members lost an average of 10 lbs. after attending 4 online classes.<sup>1</sup>

\*Real Appeal is available at no additional cost to employees with our UnitedHealthcare medical plan, their covered spouses and dependents 18 or over with a BMI of 23 and higher, subject to eligibility. By completing 10 Real Appeal coaching sessions between February 1st, 2018 and November 30th, 2018, eligible participants can earn 15 points into their point bank from ThriveOn.

<sup>1</sup>Individual results may vary.

Real Appeal<sup>®</sup> is a digital weight loss program customized to what works for you, available at no additional cost as part of your health plan benefits.\*

Enroll today at

[ThriveOn.realappeal.com](https://ThriveOn.realappeal.com)

Real Appeal

1 million  
pounds lost



Franklin County  
Cooperative  
Health Improvement Program

ThriveOn  
Your Health and Wellness Program