

Meet your new nurse liaison



About Vicki Yowell

- 30 years as a Registered Nurse.
- Married with a daughter and a golden retriever.
- Likes cooking, boating, spending time with family, trips to the beach & enjoying life.
- Focus of nursing career: wellness, education and empowerment.

Vickie Yowell, BSN, RN

UnitedHealthcare Nurse Liaison

How can a nurse liaison help me?

Vickie is available to meet with you to discuss any lifestyle behaviors you want to address – such as weight management, nutrition, fitness and to help you create and work toward your personal health goals. She can also assist you and your family with prevention education and disease management support for conditions such as diabetes and high blood pressure.

Will my personal information that I share with my nurse liaison be protected?

Yes, all of your personal health information will be protected in accordance with HIPAA. None of your personal information will be shared with Franklin County.

What other services does my nurse liaison offer?

Vickie can assist with the following:

- Help you and your family make better health care decisions
- Demonstrate how to navigate UnitedHealthcare tools and resources
- Provide coaching and support for individuals, families and groups
- Refer employees to appropriate wellness programs and services
- Perform blood pressure/weight/BMI screenings
- Provide health education to individuals and groups
- Provide support with chronic illnesses like diabetes, hypertension and asthma

How can I reach my nurse liaison?

- Office Location: 10th Floor (10-069) Government Center
- Office Telephone: 614-525-NRSE (6773)
- Cell Phone: 614-208-1608
- Email: vickie_yowell@uhc.com