

1. **What hospital programs are covered under the bariatric surgical benefit?**
 - a. The Ohio State University Medical Center Bariatric Program
 - b. Mount Carmel Bariatric Surgery Program
 - c. Fresh Start Bariatrics/OhioHealth Surgical Specialists at Riverside Hospital

2. **How can I learn more about each program?**
 - a. These programs host information seminars. Contact the program directly for more information.
 - i. The Ohio State University Medical Center Bariatric Program
614-293-5123
www.medicalcenter.osu.edu/go/bariatric
 - ii. Mount Carmel Bariatric Surgery Program
614-234-2052
www.mountcarmelhealth.com/programs-services/bariatric-center
 - iii. Fresh Start Bariatrics/ OhioHealth Surgical Specialists
614-566-3946
<https://www.ohiohealth.com/services/weight-management/our-programs/surgical-weight-management/>

3. **What is the typical cost to the member?**
 - a. Annual deductible is applied to the surgery. (See Morbid Obesity Surgery section of your Summary Plan Description for more information.)
 - b. In addition, each program charges an administrative fee and requires patients to enroll in dietary counseling and to undergo a series of pre-operative **non-medical** activities. Costs for these services will vary by program and are typically not covered by your benefit plan.
 - i. The Ohio State University Medical Center Bariatric Program
Annual deductible + administrative fees, activity and dietary counseling cost
 - ii. Mount Carmel Bariatric Surgery Program
Annual deductible + administrative fees, activity and dietary counseling cost
 - iii. Fresh Start Bariatrics/OhioHealth Surgical Specialists at Riverside
Annual deductible + administrative fees, activity and dietary counseling cost
 - c. Each program requires patients to have a number of pre-operative and post-operative office visits, laboratory screenings and other **medically** based examinations. Your benefit plan will typically cover these services; standard deductibles and copays apply.
 - d. The cost of any nutrition/ dietician group or individual counseling is typically not covered by your benefit plan.

4. **What bariatric procedures are covered?**
 - a. Bariatric surgery for morbid obesity includes but is not limited to gastric bypass, gastric banding and gastric reduction. (See Morbid Obesity Surgery section of your Summary Plan Description for more information.)
 - b. Liposuction, program fees, exercise program and nutritional classes are not covered. See the Morbid Obesity Surgery section of your Summary Plan Description for a full list of procedures that are not covered.

5. **Are there any specific eligibility, health or past weight loss requirements?**
 - a. Yes. These include **but are not limited to** a minimum two year enrollment in the Franklin County Cooperative Health Improvement plan, at least 25 years of age and at least six consecutive monthly physician visits for weight management. See Morbid Obesity Surgery section of your Summary Plan Description for a full list of requirements.