

Your Franklin County Cooperative Health Improvement Program wants to keep you healthy. Preventive care may help you, and those you love, discover a health issue before it becomes a serious problem. In 2018, we are providing a \$50 incentive each time you take steps toward staying healthy.

IF YOU COMPLETE:

An age-appropriate preventive exam, including:

- Routine Mammogram
- Routine Pap Smear
- Routine Colonoscopy

Between January 1, 2018 – December 31, 2018

YOU WILL RECEIVE:

- \$50 per exam (1 incentive paid per exam per year)

FAQ's:

1. Who is eligible?

All employees and spouses/domestic partners enrolled in the Franklin County Cooperative health plan are eligible for this incentive. Adult (18+) dependent children are not eligible for this incentive.

2. How do you know I completed my age-appropriate preventive exam?

This information will be reported through claims data from United Healthcare on a quarterly basis.

3. Are any other preventive exams eligible under the incentive?

While we encourage you to check in with your primary care physician on a yearly basis and follow all recommendations from your physician, this incentive program is focused specifically on the above mentioned preventive exams.

4. How do I know what exams are 'age-appropriate' for me?

If you do not already have an annual routine physical exam scheduled with your primary care physician, start by scheduling your annual exam. As a part of your annual exam, you can speak with your physician about appropriate preventive care based on your age, risks, and specific needs.

5. How do I receive my \$50?

The \$50 incentive will be paid on a quarterly basis. Your incentive will show up as additional taxable income on your paycheck. Covered spouses/domestic partners will receive their incentive through the employee paycheck as well.

6. Why are you doing this?

The Franklin County Cooperative Health Improvement Program cares about you and your health. Preventive care may help with early detection of disease. By getting these preventive exams, you and your doctor can work together to evaluate your health and choose the care that is right for you.