

## Quantity Limit Program Frequently Asked Questions

Optum Rx<sup>®</sup>, your pharmacy benefit manager, is committed to maximizing the value of your prescription drug benefit and lowering prescription costs. The Quantity Limit Program is a clinical program designed to help meet these goals.

### **What is a Quantity Limit Program?**

A Quantity Limit Program supports the management of your prescription drug plan by confirming that prescribed quantities are consistent with clinical dosing guidelines and medical literature. This program was established to provide safe and appropriate use of certain medications.

### **How does a Quantity Limit Program work?**

If you are currently receiving a quantity of medication *below* the identified quantity limit, your prescription will be covered under your pharmacy benefit. If your doctor writes a prescription for an amount *greater* than the quantity limit, you will need to obtain a prior authorization before additional quantities are covered. This means that you need approval from OptumRx and your doctor to before we will provide coverage for your medication under your plan.

### **Why do some medications have Quantity Limits?**

Some medications have a higher possibility of overuse or may be prescribed outside of clinical dosing guidelines. In some cases, there are also specific dosages that should be used based on medical guidelines.

### **Who decides which medications to include in the Quantity Limit Program?**

A team of independent, licensed doctors, pharmacists and other medical experts review and discuss the latest medical guidelines and research, then decide which medications should be included in the Quantity Limit Program.

### **What happens if my Quantity Limit authorization request is denied?**

If the Quantity Limit request is denied, your pharmacy benefit plan will still cover an amount up to the quantity limit for that medication. You will be responsible for the full cost of any amount above the quantity limit for your prescription.

### **Where can I get more help?**

Visit [optumrx.com/myCatamaranRx](http://optumrx.com/myCatamaranRx) or call the member services phone number on your pharmacy ID card.