

Location	Tuesday	Wednesday	Thursday	Friday
<p>Child Support Enforcement Agency 80 East Fulton Street Columbus, Ohio 43215 <i>*Bring County ID</i> <i>3rd Floor Conference Room</i></p>		<p><u>Cooking Demo:</u> 2/3/2016 12 p.m. - 1 p.m.</p>		
<p>Coroner's Office 520 King Avenue Columbus, Ohio 43201 <i>Conference Room</i></p>				<p><u>Cooking Demo:</u> 2/26/2016 12 p.m. - 1 p.m.</p>
<p>Job and Family Services Northland Park 1721 Northland Park Avenue Columbus, Ohio 43229 <i>Room 132 A</i></p>	<p><u>Cooking Demo:</u> 2/16/2016 12 p.m. - 1 p.m.</p>			
<p>Children Services East Main Street 4071 East Main Street Columbus, Ohio 43213 <i>2nd Floor Kitchen</i></p>		<p><u>Cooking Demo:</u> 2/10/2016 12 p.m. - 1 p.m.</p>		
<p>Children Services West Mound Street 855 West Mound Street Columbus, Ohio 43223 <i>Family Center</i></p>		<p><u>Cooking Demo:</u> 2/17/2016 12 p.m. - 1 p.m.</p>		

Heart Healthy Salmon Salad

February is heart health month. This recipe is loaded with heart healthy omega-3 fats. As a bonus, it is also easy on the wallet and very easy to make