

Location	Tuesday	Wednesday	Thursday	Friday
<p><b>ADAMH</b> 447 East Broad St Columbus, Ohio 43215 <i>Training Room</i></p>			<p><b><u>Cooking Demo:</u></b> <b>11/10/2016</b> 12 p.m. - 1 p.m.</p>	
<p><b>Child Support Enforcement Agency</b> 80 East Fulton Street Columbus, Ohio 43215 <i>*Bring County ID</i> <i>3rd Floor Conference Room</i></p>		<p><b><u>Cooking Demo:</u></b> <b>11/2/2016</b> 12 p.m. - 1 p.m.</p>		
<p><b>Coroner's Office</b> 520 King Avenue Columbus, Ohio 43201 <i>Conference Room</i></p>				<p><b><u>Cooking Demo:</u></b> <b>11/18/2016</b> 12 p.m. - 1 p.m.</p>
<p><b>Job and Family Services Northland Park</b> 1721 Northland Park Avenue Columbus, Ohio 43229 <i>Room 132 A</i></p>	<p><b><u>Cooking Demo:</u></b> <b>11/15/2016</b> 12 p.m. - 1 p.m.</p>			
<p><b>Children Services East Main Street</b> 4071 East Main Street Columbus, Ohio 43213 <i>2nd Floor Kitchen</i></p>		<p><b><u>Cooking Demo:</u></b> <b>11/9/2016</b> 12 p.m. - 1 p.m.</p>		
<p><b>Children Services West Mound Street</b> 855 West Mound Street Columbus, Ohio 43223 <i>Room 341</i></p>		<p><b><u>Cooking Demo:</u></b> <b>11/9/2016</b> 12 p.m. - 1 p.m.</p>		
<p><b>Memorial Hall</b> 280 East Broad St Columbus, Ohio 43215 <i>West Conference Room</i></p>	<p><b><u>Cooking Demo:</u></b> <b>11/8/2016</b> 12:30 p.m. - 1:30 p.m.</p>			

## Pumpkin Yogurt Parfait

This protein packed treat is perfect for a healthy breakfast on the go, or if you are craving a sweet and crunchy healthy snack. Whip up all the flavors of fall in under 5 minutes with this healthy recipe.