



## Flu Vaccine FAQ

***Q: Why get a flu vaccine?***

According to the CDC, vaccines reduce the risk of flu illnesses by 50 to 60 percent among the total population during flu season, and receiving the flu vaccine is the best way to protect yourself, family, and friends from getting sick and even prevent spreading the virus to others in your community. Getting a flu vaccine early will protect yourself and those around you.

***Q: Why is it necessary to get a flu vaccine every year?***

A flu vaccine is needed every year because flu viruses are constantly changing, with new viruses appearing almost every year. In addition, studies have shown that the body's immunity to influenza viruses declines over time. Getting vaccinated each year provides the best protection against influenza throughout flu season.

***Q: How effective is the flu vaccine?***

The ability of a flu vaccine to protect a person depends on his or her age and health status, as well as the similarity or "match" between the viruses or virus in the vaccine and those in circulation. Historically, the flu vaccine provides the best protection against influenza, and is very effective in decreasing influenza hospitalizations and deaths in high-risk groups.

***Q: Which vaccine is being used for the 2019-2020 flu season?***

The composition of flu vaccines is reviewed annually and updated as needed to match circulating flu viruses. For 2019-2020, Quadrivalent (four-component) vaccines, which protect against both A & B viruses will be provided. OhioHealth uses all single-dose, preservative-free vaccines.

***Q: Can I still get a vaccine if I'm pregnant or nursing?***

Yes. However, if you have any concerns about receiving a vaccine, please consult with your Primary Care Physician or OB doctor.

***Q: Can I get the nasal vaccine through the onsite clinic?***

No, the nasal vaccine will not be provided. If you would prefer the nasal vaccine please check with your local pharmacy or Primary Care Physician to see if it is available.

***Q: How do I sign up?***

Visit [fccThriveOn.com](http://fccThriveOn.com) and select "Onsite Programming & Flu Vaccine Scheduling Tool". Click "Continue" and then select SIGN UP in the box titled ThriveOn Flu Vaccinations. Select a date and time that works for you or select a location from the drop down menu. Continue filling out the necessary information until you are taken to a confirmation page.

If you do not have a ThriveOn account, [click here](#) to sign-up.

***Q: Do I need to make an appointment or can I walk-in?***

Making an appointment is recommended. Walk-ins will be accommodated space permitting although there may be an extra wait time.



**Q: Who is eligible to get an onsite Flu Vaccine?**

- All full-time, part-time, and contract Franklin County Cooperative employees
  - Contract workers are eligible if they bring a letter or proof of employment to the onsite clinic (i.e. employee badge)
- Spouses/domestic partners

**Q: Can children participate in the onsite clinics?**

No, only employees and spouses/domestic partners can receive their vaccine at the onsite flu clinics. Children can still receive their vaccines by visiting a family doctor or in-network pharmacy.

**Q: What if I'm an employee but don't have benefits under the Cooperative?**

If you are not covered under the Franklin County Cooperative insurance but are covered under a different insurance plan, you can still participate. Please bring a **copy** of your insurance card (front & back) to the flu clinic and OhioHealth will bill your insurance company directly for the flu vaccine.

If you do not have insurance coverage but work for a Franklin County Cooperative agency you can still receive a flu vaccine free of charge by visiting one of the onsite clinics.

**Q: Do I need to bring my insurance card with me?**

If you are covered under the Franklin County Cooperative insurance plan, you do not need to bring your insurance card. If you are covered under a different plan, you can still participate but please bring a **copy** of your insurance card (front & back) with you.

**Q: Is there anything special I need to do or bring with me to the clinic?**

Wear short sleeves or a loose fitting shirt that allows easy access to the upper arm area.

**Q: What if I can't make it to the onsite clinic?**

If you are unable to attend an onsite flu clinic, there are plenty of other options for you to receive your flu vaccine and we encourage you to do so. Visit one of the locations below to receive your flu vaccine. **You MUST bring your Medical ID card with you for the vaccine to be covered.**

- All [OhioHealth WorkHealth](#) locations
- Visiting your Primary Care Physician
- CVS, Kroger, Walgreens, Walmart or Meijer Pharmacy

**Q: Is there any incentive for receiving my vaccine?**

Yes – if you receive your flu vaccine you can self-report it to the Wellness Points Bank on the ThriveOn portal to earn 10 points.

**Q: Where can I get more information?**

If you have additional questions regarding the flu vaccine, you can visit the Centers for Disease Control and Prevention (CDC) website [by clicking here](#) or contact the ThriveOn helpline at 1-888-255-0162.