

supported.

Virtual visits: Connecting to care in the comfort of your home.

Using virtual visits, clinicians can evaluate and treat general mental health conditions, such as depression and anxiety. When appropriate, they can prescribe medications.* Treatment is provided by psychiatrists and therapists who are part of the Optum Behavioral Health network.

Take the first step and register today

1. Log on to liveandworkwell.com. Register with your HealthSafe ID or enter your company access code: EAP
2. Under **"Find Care"**, select **"virtual visits"**.
3. Find a provider in your state and schedule an appointment online or call to get set up.



To find the right support for you, visit liveandworkwell.com. Register with your HealthSafe ID or enter your company access code EAP

8,500+ Providers

Confidential

Virtual visits



*As per state telehealth rules and regulations.

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urgent and an emergency, call 911 or 1-800-SUICIDE (784-2433) or 1-800-273-TALK (8255).