



# OhioHealth Fourth Trimester Clinic

If you're having concerns with breastfeeding, high blood pressure or postpartum mood disorders, our Fourth Trimester Clinic can help. **Located inside the Women's Health Outpatient Center at OhioHealth Dublin Methodist Hospital, this clinic is the first of its kind in the area.**

Our trusted and compassionate team is trained in breastfeeding medicine and behavioral health. Working closely with your physician, they provide specialty care for issues that arise in the postpartum period. However, our providers do not take the place of routine postpartum appointments with your OB-GYN. Services include:

+ **Lactation medicine**

- Breastfeeding concerns for mothers and their infants
  - Recurrent mastitis (infection of the breast tissue)
  - Milk supply and latching difficulties

+ **Postpartum high blood pressure checks and management**

+ **Behavioral health**

- Postpartum mood disorders
- Pregnancy loss and bereavement

**OhioHealth Fourth Trimester Clinic**

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For more information, visit

**[OhioHealth.com/Fourth-Trimester-Clinic](https://www.ohiohealth.com/Fourth-Trimester-Clinic)**

