



OPTIMIZE YOUR WELL-BEING THROUGH NUTRITION

Dietitian Benefit for Franklin County Cooperative

Unlimited visits with an in-network provider covered at 100%*

A registered dietitian can help you:

- Live a healthy lifestyle through a personalized nutrition plan
- Manage chronic conditions such as diabetes, high blood pressure, etc.
- Gain or lose weight
- If you are pregnant/trying to get pregnant or are breastfeeding
- Address digestive problems
- Improve performance in sports

How do I find an in-network dietitian?

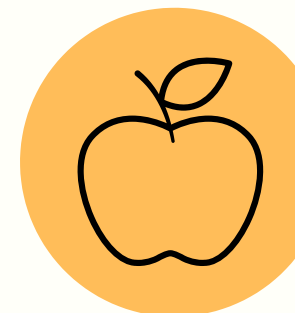
1. Go to myUHC.com
2. Login (or register if a first-time user)
3. Click on "find a provider"
4. In the search bar type the term *Nutritionist*
5. Before scheduling an appointment with a provider, verify that they are in-network for UHC

The provider's office will guide you through the process of scheduling your visit.

If you need assistance, your Health Engagement Nurses can help connect you with a dietitian.

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*must be enrolled in the health plan