

Join WeightWatchers®—and meet the Diabetes Program

Proven to help you lose weight, lower blood sugar, and enjoy life. ^

Join for
\$0
per month
through
FCC
with select plan purchase*



Join now at [WW.com/FCC](https://www.weightwatchers.com/FCC)

Eat healthier, without the guesswork

Your nutrition plan includes **ZeroPoint® foods** that take your preferences *and* diabetes into account.

Everything's on the menu

No foods are off limits. But the program helps guide you toward fiber, protein, and healthy fats.

Nutrition, simplified

WeightWatchers simplifies complex nutrition info into a **single number—a food's Points value.**

24/7 support

With the Living with Diabetes group on WW's exclusive social network, **you never have to go it alone.**

The WW app + your CGM

Track blood-sugar, food, and exercise; get tips for what to eat; and **sync the WW app with select CGMs.**

Boost your health—and stress less

For 6 months, WW members living with diabetes followed the Diabetes Program. Here are their results: ^

5.7%
average weight loss

.75
reduction in A1c

9.8%
drop in diabetes-related stress

We're here for you, too.

Want to lose weight and build healthy habits? Living with diabetes? Taking weight-management medication? WeightWatchers offers products and programs designed for your unique needs.

Already a WeightWatchers member? Call customer service at 866-204-2885 to sync your account.

***Get XX% off with plan purchase through your organization.** Monthly payment required in advance. You'll be automatically charged each month in accordance with company pricing until you cancel. Pricing may adjust to the standard monthly rate if your relationship with your organization changes or terminates, or the agreement between your organization and WW terminates.

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